


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 – Exercise CH 3 1 10:00 Shake It Move It Lift It – TH 10:00 Bingo – AL 3 rd Flr Lounge 1:00 Current Events – Chapel Conference Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 2 9:30 - Shopping Trip 10:00 Prayer Group - Chapel 1:00 Shake It Move It Lift It - TH 2:00 - Shopping Trip 7:00 Movie – CH 3	9:00 – Exercise CH 3 3 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 4 9:30 - Shopping Trip 11:30 Lunch -Waterwheel Cafe 1:00 Veteran’s Meeting – Activity Room 1:00 Shake It Move It Lift It - TH 7:00 Movie – CH 3	9:00 – Exercise CH 3 5 9:30 Sewing - AC 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1 st Flr Metcalf Lounge 11:00 Dining Comm – Tice Dining Rm 12:00 Executive Meeting Resident Council – Tice Dining Rm 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3	2:00 Book Club All Are Welcome – Activity Center 2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3
7:00 Entertainment – Bruce Marro - TH 7:00 Movie – CH 3	9:00 – Exercise CH 3 8 10:00 Shake It Move It Lift It – TH 10:00 – Bingo – AL 3 rd Flr Lounge 2:00 Spiritual Life Committee – Chapel Conference Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 9 9:30 - Shopping Trip 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It – TH 2:00 -Shopping Trip 7:00 Movie – CH 3	9:00 – Exercise CH 3 10 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 11 9:30 - Shopping Trip 1:00 Shake It Move It Lift It – TH 2:00 – “Elvis Presley” TH 2:00 - Shopping Trip 6:30 Ladies Shuffleboard - Game Room 7:00 Movie – CH 3	9:00 – Exercise CH 3 12 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1 st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3	2:00 Ladies Shuffleboard – Game Room 2:00 Sye & Shela Mendel – Organ-Violin - TH 7:00 Movie – CH 3
7:00 Movie – CH 3 14	9:00 – Exercise CH 3 15 9:30 Sewing - AC 10:00 Shake It Move It Lift It – TH 10:00 Bingo AL 3 rd Flr Lounge 1:00 Current Events – Chapel Conference Room 7:00 Movie – CH 3	9:00 – Exercise CH 3 16 9:30 - Shopping Trip 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It - TH 2:00 Resident Council Meeting – TH 7:00 Movie – CH 3	9:00 – Exercise CH 3 17 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 18 9:30 - Shopping Trip 11:00 Community Life Comm-Tice Dining Room 1:00 Veteran’s Meeting - Activity Room 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 7:00 Movie – CH 3	9:00 – Exercise CH 3 19 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1 st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3	2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3
6:30 Metcalf Woods Birthday Party – Metcalf Dining Room 7:00 Entertainment – Chris Brune - TH 7:00 Movie – CH 3 21	9:00 – Exercise CH 3 22 10:00 Shake It Move It Lift It – TH 10:00 Bingo – AL 3 rd Flr Lounge 7:00 Movie – CH 3	9:00 – Exercise CH 3 23 9:30 - Shopping Trip 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 7:00 Movie – CH 3	9:00 – Exercise CH 3 24 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3	9:00 – Exercise CH 3 25 9:30 - Shopping Trip 11:30 Lunch – Milano’s 11:00 Shake It Move It Lift It – TH 7:00 Movie – CH 3	9:00 – Exercise CH 3 26 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1 st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3	2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3
7:00 Movie – CH 3 28	9:00 – Exercise CH 3 29 10:00 Shake It Move It Lift It – TH 10:00 Bingo – AL 3 rd Flr Lounge 11:30 – Lunch – The Glenwood 7:00 Movie – CH 3	9:00 – Exercise CH 3 30 9:30 - Shopping Trip 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 7:00 Movie – CH 3	9:00 – Exercise CH 3 31 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3	