

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

Metcalfe Woods Community Life

						
<p>7:00 Movie – CH 3 3</p>	<p>9:00 – Exercise CH 3 4 7:00 Movie – CH 3</p> <p style="text-align: center;">Independence Day (US)</p>	<p>9:00 – Exercise CH 3 5 9:30 - Shopping Trip 10:00 Prayer Group - Chapel 1:00 Shake It Move It Lift It - TH 2:00 - Shopping Trip 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 6 10:00 Shake It Move It Lift It – TH 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 7 9:30 - Shopping Trip 1:00 Veteran’s Meet – Activity Room 2:00 - Shopping Trip 1:00 Shake It Move It Lift It - TH 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 8 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1st Flr Metcalf Lounge 11:00 Dining Comm – Tice Dining Rm 12:00 Executive Meeting Resident Council – Tice Dining Rm 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3</p> <p style="text-align: center;">Canada Day</p>	<p>2:00 Book Club All Are Welcome – Activity Center 2:00 Ladies Shuffleboard – Game Room 2:00 Entertainment – Paul Romano - TH 7:00 Movie – CH 3 2</p>
<p>7:00 Movie – CH 3 10</p>	<p>9:00 – Exercise CH 3 11 10:00 Shake It Move It Lift It – TH 11:30 Lunch Trip -The Windlass 2:00 Spiritual Life Committee – Chapel Conference Rm 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 12 9:30 - Shopping Trip 9:30 Sewing - AC 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It - TH 2:00 Resident Council Meeting – TH 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 13 10:00 Shake It Move It Lift It – TH 2:00 – Shopping Trip 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 14 9:30 - Shopping Trip 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 6:30 Ladies Shuffleboard - Game Room 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 15 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3</p>	<p>2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3 9</p>
<p>6:30 Metcalf Woods Birthday Party – Metcalf Dining Room 7:00 Entertainment - TH 7:00 Movie – CH 3 17</p>	<p>9:00 – Exercise CH 3 18 10:00 Shake It Move It Lift It – TH 1:00 Current Events – Chapel Conference Room 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 19 9:30 - Shopping Trip 10:00 Prayer Group – Chapel 11:30 Lunch Trip – Andover Diner 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 20 10:00 Shake It Move It Lift It – TH 2:00 – Shopping Trip 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 21 9:30 - Shopping Trip 11:00 Community Life Comm-Tice Dining Room 1:00 Veteran’s Meeting - Activity Room 2:00 - Shopping Trip 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 22 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3</p>	<p>2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3 23</p>
<p>7:00 Movie – CH 3 24</p>	<p>9:00 – Exercise CH 3 25 10:00 Shake It Move It Lift It – TH 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 26 9:30 - Shopping Trip 9:30 Sewing - AC 10:00 Prayer Group – Chapel 1:00 Shake It Move It Lift It - TH 2:00 - Shopping Trip 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 27 10:00 Shake It Move It Lift It – TH 2:00 – Shopping Trip 2:30 Chapel Service Chapel 6:30 Men’s Shuffleboard – Game Rm 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 28 9:30 - Shopping Trip 11:30 Lunch Trip - Dominicks 1:00 Shake It Move It Lift It – TH 2:00 - Shopping Trip 7:00 Movie – CH 3</p>	<p>9:00 – Exercise CH 3 29 10:00 Shake It Move It Lift It – TH 10:00 Knitting Social -1st Flr Metcalf Lounge 11:00 – Catholic Communion Service - Chapel 7:00 Movie – CH 3</p>	<p>2:00 Ladies Shuffleboard – Game Room 7:00 Movie – CH 3 30</p>
<p>7:00 Movie – CH 3 31</p>	 <h2 style="text-align: center;">Metcalfe Woods Community Life</h2>					