

# Rehabilitation

## **Personalized Pathways to Healing**

Consistent with United Methodist Communities' innovative service to seniors, rehabilitation represents the perfect intersection of healthcare, long-term care, and technology. Our customized and therapeutic tools effectively restore functions, achieving the best possible gains. Complemented by our environment and associates, we can successfully treat those with multiple and complex health conditions.

## **Independence and Self-Determination**

United Methodist Communities at The Shores understands the value of independence and self-determination. With this in mind, a household living environment and person-centered philosophy promote healing by maximizing individuals' independence. Everyone has the right to live abundantly, regardless of circumstances. A collaborative multi-disciplinary team leads to more comprehensive treatment, which enhances recovery. A results-driven approach helps individuals reach their full wellness potential.

## **Rehabilitation Services** (partial list)

- 24-hour assistance from professional associates
- State-of-the art modalities and assessment tools
- High quality speech, occupational and physical therapies
- Multi-dimensional and advanced clinical programming
- Daily meals and attention to special diets
- Community life calendar of cultural, social and spiritual events
- Medication assistance, pain management, wound healing, stroke recovery, etc.
- Comfortable accommodations and amenities

## **Getting Started**

To learn how you or your loved ones can benefit from rehabilitation at The Shores, please call 609-399-8505.

