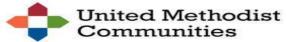
BREAKFAST 8 AM TO 9:30AM LUNCH: 12 PM TO 1:30 PM



Date: 08/30/2020 to 09/05/2020

DINNER: 4:30 PM TO 6:30 PM							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		_			_	BREAKFAST	
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	
Banana	Banana	Banana	Banana	Banana	Banana	Banana	
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
Hash Browned Potatoes	Buttermilk Pancakes	Scrapple	French Toast	Turkey Sausage Links	French Toast	Blueberry Pancakes	
Bacon	Pork Sausage Links	Assorted Toast	Corned Beef Hash	Coffee Cake	Bacon	Breakfast Ham	
Baked Sticky Buns	Assorted Muffins		Scones	Assorted Toast	Assorted Muffins	Assorted Danish	
Assorted Toast	Assorted Toast	'	Assorted Toast		Assorted Toast	Assorted Toast	
						LUNCH	
Cream Carrot Soup	Cream of Broccoli Soup	Corn Chowder	Italian Wedding Soup	Cabbage & White Bean Soup	Beef Noodle Soup	Seafood Bisque	
Fresh Fruit of the Day	Mixed Greens Salad	Garden Salad	Spring Salad Greens	Fresh Fruit Salad	Garden Salad	Fruit Cocktail	
Egg Salad on a Croissant	BBQ Chicken on a Bun	Bologna and Cheese Sandwich	Roast Beet Sandwich	Parmesan Caesar Chicken Salad	Crab Salad on a Croissant	Grilled Cheese and Tomato	
Sloppy Joe on Bun	Tuna Salad Sandwich	Turkey Club on Toast	Chicken Tenders	Cheese Burger	Unilly (hoose Stock	Ham & Swiss Honey Mustarded Wrap	
Onion Ring	Potato Salad	Sweet Potato Fries	Coleslaw	Tater Tots	Garden Pasta Salad	Country Potato Salad	
Cookies	Butterscotch Pudding	Brownies	Banana Cream Pie	Strawberry Bavarian	Coconut Cream Pie	Rice Krispy Bar	
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	
Cream Carrot Soup	Cream of Broccoli Soup	Corn Chowder	Italian Wedding Soup	Cabbage & White Bean Soup	Beef Noodle Soup	Seafood Bisque	
Kale Ceasar Salad	Garbanzo & Sun Dried Tomato Salad	Spinach Salad	Cucumber Salad	Mixed Garden Salad	Broccoli & Orzo Salad	Greek Salad	
		Pulled Pork Sandwich	Beef Burgundy	Roasted Turkey Breast	Orange Chicken	Roasted Sirloin	
Tuscan Herbed Flounder	Honey Glazed Pork Chop	Macaroni and Cheese	Baked Cod	Italian Sausage with Onions & Peppers	Sesame Soy Salmon	Stuffed Cabbage	
Potatoes Au Gratin	Lyonnaise Potatoes	Stewed Tomatoes	Ziti with Pesto Sauce	Mashed Potatoes	Herb Roasted Potatoes	Rice Pilaf	
Peas	Cauliflower	Broccoli	Green Beans Almondine	Italian Mixed Vegetables	Harvard Beets	Broccoli	
Capri Mixed Vegetables	Carrots with Parsley Butter	Succotash	Italian Blended Veggies	Cream Style Corn	Green Beans	California Blend Vegetables	
Blueberry Pie	Lemon Cake with Icing	Chocolate Mousse	Chocolate Almond Cake	Lemon Meringue	Key Lime Pie	Apple Cobbler	
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BREAKFAST 8 AM TO 9:30AM LUNCH: 12 PM TO 1:30 PM United Methodist Communities Date: 09/06/2020 to 09/12/2020

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DINNER: 4:30 PM TO 6:30 PM								
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST		
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit		
Banana	Banana	Banana	Banana	Banana	Banana	Banana		
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal		
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal		
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		
Hash Browned Potatoes	Buttermilk Pancakes	Scrapple	French Toast	Turkey Sausage Links	French Toast	Blueberry Pancakes		
Bacon	Pork Sausage Links	Assorted Toast	Corned Beef Hash	Coffee Cake	Bacon	Breakfast Ham		
Baked Sticky Buns	Assorted Muffins		Scones	Assorted Toast	Assorted Muffins	Assorted Danish		
Assorted Toast	Assorted Toast		Assorted Toast		Assorted Toast	Assorted Toast		
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
Chicken Gumbo	Tomato Basil Soup	Baked Potato Soup	Carrot Soup	Onion Soup	New England Clam Chowder	Turkey & Rice Soup		
Fresh Fruit of the Day	Mixed Greens	Fresh Pineapple Chunks	Spring Salad Greens	Mandarin Orange Sections	Fresh Fruit Salad	Fruit Cocktail		
Roast Beef & Cheese Sandwich	Chicken Tenders with Honey Mustard	Country Ham Salad on Flat Bread	Pulled Pork Sandwich	Chef Salad Wrap	Italian Hoagie	Parmesan Chicken Caesar Sandwich		
Tuna Salad Sandwich	Grilled Cheese Sandwich	Vegatable Lasagna	Turkey Club Sandwich	BBQ Burger	Shrimp Salad Pita	Egg Salad Croissant		
Spiced Carrot Salad	Tater Tots	Sweet Potatoes Fries	Potato Wedges	Onion Rings	Italian Pasta Salad	Farmhouse Potato Salad		
Rice Pudding	Ice Cream Sandwich	Chocolate Cream Pie	Tropical Fruit Salad	Vanilla Mousse	Cream Cheese Chocolate Brownie	Rice Krispy Bar		
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER		
Chicken Gumbo	Tomato Basil	Baked Potato Soup	Carrot Soup	Onion Soup	New England Clam Chowder	Turkey & Rice Soup		
Mixed Green Salad	Cucumbers with Sour Cream	Caesar Salad	Artichoke Salad with Lemon & Mint	Spring Salad Greens	Mixed Garden Salad	Caesar Salad		
Pineapple Glazed Ham Steak	Mediterranean Cod	Lemon Chicken with Pepper and Onion	Beef Stroganoff	Pancakes with Apple and Cherry Topping	Seasoned Tilapia	Beef Burgundy		
Chicken Francaise	Penne Pasta with Meat Sauce	Pork Chop Gruyerre	Crab Cake	Quiche Lorraine	Saliusbury Steak with Gravy	Chicken Florentine		
Roasted Sweet Potatoes	Wild Rice	Succatash	Fried Rice	Herb Roasted Potatoes	Buttered Rice	Yukon Gold Potatoes		
Spinach	Broccoli	Roasted Zucchini	Steamed Broccoli Florets	Sautéed Garlic Spinach	Mixed Vegetable	Succotash		
Vegetable Medley	Carrots with Parsley Butter	Garlic Mashed Potatoes	Italian Blended Vegetables	Asparagus Spears	Green Beans	Capri Mixed Vegetables		
Blondie Bar	Chocolate Almond Cake	Apple Pie	Baked Sticky Buns	Lemon Bar	Southern Pecan Pie	Peach Cobbler		
Dinner Rolls	Dinner Rolls	Egg Twist Dinner Rolls	Parmesan Rolls	Dinner Rolls	Bread Sticks	Garlic Bread		
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BREAKFAST 8 AM TO 9:30AM LUNCH: 12 PM TO 1:30 PM

United Methodist Communities

Date: 09/13/2020 to 09/19/2020

DINNER: 4:30 PM TO 6:30 PM SUNDAY **MONDAY TUESDAY** WEDNESDAY **THURSDAY FRIDAY SATURDAY** BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST **BREAKFAST BREAKFAST** Seasonal Fresh Fruit Banana Banana Banana Banana Banana Banana Banana Cream of Wheat Cream of Wheat **Oatmeal** Cream of Wheat **Oatmeal** Oatmeal Oatmeal **Assorted Cold Cereal Assorted Cold Cereal Assorted Cold Cereal Assorted Cold Cereal Assorted Cold Cereal** Assorted Cold Cereal **Assorted Cold Cereal** Scrambled Eggs Hash Browned Potatoes **Buttermilk Pancakes** French Toast **Turkey Sausage Links** French Toast **Blueberry Pancakes** Scrapple Corned Beef Hash Breakfast Ham Bacon Pork Sausage Links Assorted Toast Coffee Cake Bacon **Baked Sticky Buns** Assorted Muffins Assorted Toast **Assorted Muffins Assorted Danish** Scones **Assorted Toast Assorted Toast Assorted Toast Assorted Toast Assorted Toast** LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH **Lentil Soup** Beef Barley Soup Bean Soup Minestrone Soup **Baked Potato Soup** New England Clam Chowder **Chicken Noodle Soup** Artichoke Salad w/ Lemon & Fresh Pineapple Chunks Mandarin Orange Sections Fruit Cocktail Cole Slaw Tropical Fruit Salad Fresh Fruit Salad Mint **Turkey & Swiss Cheese** Country Ham Salad on Flat Bacon, Lettuce & Tomato Tuna Sandwich Pulled Pork Sandwich **Bologna and Cheese Sandwich** Fish Sandwich on Bun Sandwich Sandwich Bread Herbed Chicken Breast on Chicken Salad Sandwich Corned Beef On Rve Asian Chicken Wrap Cheeseburger on a Bun Turkey Sandwich Egg Salad Platter Bun **Broccoli Salad Country Potato Salad** Sweet Potato Fries French Fries **Onion Ring** Garden Pasta Salad Potato Salad **Oreo Delight** Chocolate Mousse Ice Cream Sandwich **Oatmeal Raisin Cookies** Ice Cream Angel Food Cake **Blondie Bar** DINNER DINNER DINNER DINNER DINNER **DINNER** DINNER New England Clam Chowder **Lentil Soup Beef Barley Soup** Bean Soup Minestrone Soup **Baked Potato Soup** Chicken Noodle Soup Garden Green Salad Tossed Salad **Mixed Greens** Fresh Spring Mix Spring Salad Mixed Garden Salad Caesar Salad Chicken Breast Marsala Roast Turkey Spaghetti and Meatballs Cobb Salad with Chicken Meatloaf with Gravy **Roast Top Round With Gravy Beef Stroganoff over Noodles** Cheese Ravioli with Marinara **Braised Swiss Steak with Fried** Shrimp Scampi with Fettucine **Veal Parmesan Tuscan Herb Cod Honey Dijon Baked Chicken** Sauce Onions **BBQ Glazed Salmon Baked Potato** Classic Rice Pilaf Roasted Red Potatoes **Herbed Orzo** Biryani Rice **Garlic Mashed Potatoes** Capri Mixed Vegetables **Baby Carrots with Dill** Fresh Broccoli Green Beans and Carrots Asparagus Spears Cauliflower Corn & Sweet Peppers **Broiled Tomato** Corn O'Brien **Italian Blended Veggies** Lima Beans **Green Beans** Creamed Spinach Peas Strawberry Cream Pie Cheesecake Strawberry Shortcake Chocolate Fudge Cake Apple Pie Cherry cobbler Peach pie

BREAKFAST 8 AM TO 9:30AM LUNCH: 12 PM TO 1:30 PM



Date: 09/20/2020 to 09/26/2020

DINNER: 4:30 PM TO 6:30 PM	M					
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Banana	Banana	Banana	Banana	Banana	Banana	Banana
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hash Browned Potatoes	Buttermilk Pancakes	Scrapple	French Toast	Turkey Sausage Links	French Toast	Blueberry Pancakes
Bacon	Pork Sausage Links	Assorted Toast	Corned Beef Hash	Coffee Cake	Bacon	Breakfast Ham
Baked Sticky Buns	Assorted Muffins		Scones	Assorted Toast	Assorted Muffins	Assorted Danish
Assorted Toast	Assorted Toast		Assorted Toast		Assorted Toast	Assorted Toast
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Tomato Florentine Soup	Split Pea Soup	Chicken & Andouille Sausage	Bacon Corn Chowder	Garden Vegetable Soup	Tortilla Soup	Manhattan Clam Chowder
Rotini Pasta & Vegetable Salad	Mandarin Oranges	Cucumber Salad	Fresh Fruit Cup	Diced Pineapple	Tropical Fruit	Fruit Cocktail
Grilled Ham & Cheese	Roast Beef Sandwich	Patti Melt	Chicken Tenders	Hot Dog	Cheese Tortellini with Tomato sauce	Hot Roast Beef and Swiss Sandwich
Tuna Salad Sandwich	Chicken Caesar Salad	Ham & Swiss Croissant	Seafood Salad Platter	Cheese Pizza	Tuna Salad on Wheat Bread	Breaded Chicken Parmesan Sandwich
Asian Carrot Slaw	Tater Tots	Sweet Potato Fries	Coleslaw	Baked Beans	Pasta Salad	Baby Carrot
Vanilla Pudding	Cream Cheese Brownie	Peach Pie	Rice Pudding with Raisins	Carrot Cake with Cream Cheese	Banana Caramel Cake	Chocolate Pudding
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tomato Florentine Soup	Split Pea Soup	Chicken & Andouille sausage	Bacon Corn Chowder	Garden Vegetable Soup	Tortilla Soup	Manhattan Clam Chowder
Fresh Fruit Cup	Garden Green Salad	Tossed Garden Salad	Spinach Salad	Tossed Salad	Garden Salad	Caesar Salad
Herb Roasted Leg of Lamb	Pecan Crusted Chicken Breast	Beef Steak with Peppers	Pollock In Lemon Butter	Baked Pork Loin Chop	Oven Fried Chicken	Spaghetti & Meatballs
Tuscan Baked Flounder	Chile Con Carne	Chicken Florentine	Cheese Tortellini with Pesto Sauce	Broccoli & Cheese Quiche	Baked Macaroni & Cheese	Sweet & Sour Pork
Parsley Potatoes	Mexican Rice	Smashed Red Skin Potatoes	Scalloped Potatoes	Risotto with Sun Dried Tomato's	Stewed Tomatoes	Citrus Rice
Italian Cut Green Beans	Creamed Spinach	Broccoli	Green Bean Provencal	Sautéed Spinach	Italian Mixed Vegetables	Buttered Corn
Blueberry Pie	Peas & Onions	Sliced Carrots	Roasted Eggplant	Oriental Mixed Vegetables	Cauliflower	Capri Mixed Vegetables
	Lemon Cake	Butterscotch Pudding	Black Forest Cake Parfait	Cherry Pie	Apple Crumble	Blueberry Cobbler

THURSDAY

United Methodist
Communities

SUNDAY	MONDAY	Communitie	WEDNESDAY		THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	• Communication	3.0		BREAKFAST	BREAKFAST	BREAKFAST
Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit		Seasonal Fresh Fruit	Seasonal Fresh Fruit	Seasonal Fresh Fruit
Banana	Banana	Banana	Banana		Banana	Banana	Banana
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	1	Oatmeal	Cream of Wheat	Oatmeal
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal		Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs		Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
Hash Browned Potatoes	Buttermilk Pancakes	Scrapple	French Toast	,	Turkey Sausage Links	French Toast	Blueberry Pancakes
Bacon	Pork Sausage Links	Assorted Toast	Corned Beef Hash	ı	Coffee Cake	Bacon	Breakfast Ham
Baked Sticky Buns	Assorted Muffins		Scones		Assorted Toast	Assorted Muffins	Assorted Danish
Assorted Toast	Assorted Toast		Assorted Toast			Assorted Toast	Assorted Toast
LUNCH	LUNCH	LUNCH	LUNCH		LUNCH	LUNCH	LUNCH
Broccoli Soup	Potato & Leek Soup	Chicken Noodle Soup	Cream of Tomato		Onion Soup	Navy Bean Soup	Spring Vegetable Soup
Mixed Green Salad	Coleslaw	Fresh Pineapple Chunks	Artichoke Salad w/ Lemon & Mint		Mandarin Orange Sections	Fresh Fruit Salad	Fruit Cocktail
Tuna Salad Sandwich	Chicken Patty on a Bun	Roast Beef and Cheddar Cheese on Hoagie Roll	Grilled Cheese & Tomato Sandwich	ı	Cheese Burger	French Dip Sandwich	Turkey Hoagie
Bologna and Cheese Sandwich	Popcorn Shrimp Po'Boy	BLT Sandwich on White Toast	Italian Sub		Roasted Vegetable Lasagna	Pizza	Chef Salad Platter
Carrot Slaw	Tater Tots	Sweet Potato Fries	Coleslaw	1	Onion Ring	Italian Pasta Salad	Cold German Potato salad
Oatmeal Cookies	Lemon Bar	Apple Pie	Banana Pudding Parfait		Ambrosia Salad	Cream Cheese Chocolate Brownie	Coconut Custard Pie
DINNER	DINNER	DINNER	DINNER		DINNER	DINNER	DINNER
Broccoli Soup	Potato & Leek Soup	Chicken Noodle Soup	Cream of Tomato		Onion Soup	Navy Bean Soup	Spring Vegetable Soup
Waldorf Salad	Garden Green Salad	Fresh Spring Mix Salad	Spring Salad		Strawberry Fields Salad	Caesar Salad	Mixed Green Salad
Glazed Baked Ham	Penne Pasta with Meat Sauce	Parmesan Chicken Breast	Crispy Baked Chicken		Baked Tilapia	Sesame Glazed Chicken	Salisbury Steak with Gravy
Baked Flounder with Citrus Crust	Asian Glazed Chicken Breast	Herb Rubbed Cod	Kielbasa & Sauerkraut		BBQ Glazed Pork Loin	Veal Piccata	Baked Penne Alfredo
Mashed Sweet Potatoes	Scalloped Potatoes	Buttered Orzo	Pierogis		Cheddar Mashed Potatoes	Rice Pilaf	Mashed Potatoes
California Blend Vegetable	Summer Squash	Sautéed Garlic Spinach	Collard Greens		Steamed Brussels Sprouts W/ Bacon	Green Beans	Mixed Vegetables
Broiled Herbed Tomato	Green Beans	Glazed Carrots	Corn on the Cob		Buttered Peas	Roasted Eggplant	Lima Beans
Boston Cream Pie	Pineapple Cake	Chocolate Mousse Cake	Pumpkin Pie		Tapioca Pudding	Iced Yellow Cake	Fruited Cobbler