

Please join us at

Bristol Branches

United Methodist Communities at Bristol Glen
200 Bristol Glen Drive, Newton

Wednesday, August 3, 2016
9:30am-12:30pm



Offering activities open to seniors throughout Sussex County...free of charge!

9:30am Coffee Social

A great opportunity for residents of Bristol Glen and the community to get to know one another!

10:00am "Sun Safety and Fibromyalgia with Danny"

Danny Armenti to review everything we need to know to stay safe this summer.

11:00am Tai Chi for Seniors with Stan Cohen

Gentle movement that builds balance, flexibility, leg strength, coordination, concentration & confidence.

12:00pm Resource Connection

Meet with Social Worker Marie Manzi for your questions on Medicare, Living Wills & more!

